

How Many People In Every Congressional District Could Have Medicaid or SNAP Instead of \$73 Billion for War?

Congress is considering providing an additional \$60 billion for the Pentagon and \$13 billion for intelligence activities to directly underwrite the costs of the U.S. war on Iran: a new \$73 billion expenditure for weapons and war.

Last year's H.R. 1 cut Medicaid and SNAP benefits even while it boosted spending for the Pentagon and war. Much of that \$156 billion Pentagon boost has still not been spent, and yet Congress is considering increases that put us on the path to Trump's \$1.5 trillion requested Pentagon budget.

Because of H.R. 1 and other policies, more than [14 million people](#) are at risk of losing health insurance. Some [4 million](#) people have already lost SNAP food benefits since H.R. 1 was enacted, from July 2025 to March 2026.

This analysis shows each congressional district's estimated contribution to a new expenditure of \$73 billion for war and weapons, alongside how many people in that district could receive Medicaid or SNAP for the same amount of money.

A table for [congressional districts can be found here.](#)